What's Bu March 2025

Your monthly round up of what's on at Ingatestone Community Centre



WED 05	2РМ	Fryerning WI Meeting Life As A Military & Commercial Pilot Contact 01245 382233
TUE 11	12:30 - 1:30PM	Digital Drop In Session Bring along your electronic devices for FREE help and advice. Contact 01277 354018
THUR 13	2РМ	IFCA Bingo £8 IFCA Members / £10 Non-Members Contact 01277 352064 / welcome@ifcc.org.uk
SAT 15	7РМ	IFCA Tribute Night JD King as ELVIS - SOLD OUT Contact 01277 352064
WED		The Arts Society - Gustav Holst: 'The Planets
19	7PM	& Beyond' Contact 01277 356634 http://www.tasbd.org.uk
	7PM 2:30PM Doors 2PM	•
19 THUR	2:30PM	Contact 01277 356634 http://www.tasbd.org.uk Ingatestone Community Cinema Official Secrets

Weekly Classes & Events

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MON	Zumba
10-11AM	07802 443018 / janclavert1@yahoo.co.uk
MON	Power Hoop
6 - 6.45PM	Contact 07855 023279
MON	Aerobics
7 - 8 PM	Contact 07935 232495
TUES	Coffee Morning
10-12NOON	01277 352064 / welcome@ifcc.org.uk
WEDS 10AM- 12.15PM	Seated Yoga Perfect for anyone including those with mobility issues - samgoldenyoga@btinternet.com
WEDS	Aerobics (no class 19th)
7 - 8 PM	Contact 07935 232495
THURS	Over 60's Lunch - Two courses £12
12 - 1.30PM	01277 352064
FRI 9.45-10.45AM	Pilates (no class 7th) www.simplypowerpilates.co.uk / 07861 711678

FRI **The Sound Collective Choir** 12.45-2.45PM www.thesoundcollective.co.uk / 07889 248620

SAT LC Dance (change of venue 29th) 9.30AM Inclusive dance school for ages 4 - 16+ www.LCDance.co.uk / 07534 997323 - 1PM